



## ***Meeting Minutes***

November 19, 2009

### **I. Call to order**

**Bryan Derstine** called to order the regular meeting of the **Florida State Cycling** at **8:30pm** on **November 19, 2009** in **Union Room 320**.

### **II. Roll call**

Bryan Derstine, Chris Carhart, Chris Mojock, Chris Sandelli, Collin Watts, Jack Tomassetti, Melanie Burns, Nathaniel King, Sean Smith, Justin Dickieson, and Matthew Ramirez were in attendance.

### **III. Meeting Topics**

- a) Bryan Derstine modeled the new FSU skin suit for all those in attendance. Uniforms are expected to come in before racing season next semester.
- b) Sponsors – FSU Cycling is sponsored by Great Bicycle Shop, Sunshine Bicycles, and Sunshine Bike. Members get 20% off at the bike shops.
- c) Winter Training Advice – Get out and ride your bike and stay fit during the 4 weeks away from school. For those staying in Tallahassee, there is a few pro teams coming for some winter training that we'll hope in and join. Otherwise, Chris Mojock will post a generic training plan that includes some gym workouts online.
- d) Went over how to get your USA Cycling License, see meeting handout.
- e) Collegiate Cyclocross season this year was a bust. 2 schools drop their races the week of. It is however, the first season it has been put on.
- f) Road Season starts in February. Racing calendar on the meeting handout and will be posted online soon. Priority Races are: UF, FSU, Georgia Southern, Furman, and Mars Hill.
- g) Traveling: (see handout). FSU Cycling will pay for race entrance fees. Gas, Food are covered by each person. We normally stay the night at someone's house to lower our cost. We will be rotating the use of vehicles to get everyone up to races.

- h) USA Cycling has banned the use of time-trial equipment for Bs and Cs racers. That means no bar extension, disc wheels, or aero helmets. Everything must be mass start legal.

#### IV. Adjournment

**Bryan Derstine** adjourned the meeting at **9:40pm**.

Minutes submitted by: Jack Tomassetti

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#### **Upcoming Tallahassee Cycling Events:**

-Florida State Cyclo-Cross Championship – December 5 & 6, 2009

<http://www.floridacycling.com/flyers/tallahasseecross09.pdf>